



WI FACETS Family Engagement Newsletter

August, 2022
Volume 10, Issue 8

WI FACETS WEBINARS

For more information/register, click on title for our FREE webinars. All webinars start at 12:00pm CST.

[IEP 1: Special Education Basics](#)

Presenter: Bonnie Vander Meulen, WI FACETS
Date: August 16, 2022

[Working with First Nations Students with IEPs](#)

Presenter: Eva Kubinski, WI DPI
Date: August 24, 2022

[IEP 2: Special Education Referral Process](#)

Presenter: Bonnie Vander Meulen, WI FACETS
Date: August 30, 2022

[Awareness and Prevention of School Based Bullying](#)

Presenter: Jessica Frain, WI DPI
Date: August 31, 2022

Health Care Transition Planning for Students with an Individualized Education Program (IEP)

by Wendy Overturf

(Most students who are identified with having an Other Health Impairment (OHI) will have health care related needs, which is why this edition of the newsletter focuses on OHI. However, this information is applicable for any student with a disability, including those identified with Traumatic Brain Injury (TBI), Orthopedic Impairment (OI) and many others.)

The Individuals with Disabilities Education Act (IDEA) (Sec. 300.1 Purposes - Individuals with Disabilities Education Act) emphasizes the need to ensure all children with disabilities have available to them a free appropriate public education (FAPE) that provides special education and related services designed to meet their unique needs and prepares them for further education, employment, and independent living.

[Read Entire Article](#)

Home Learning

Children's Activity Calendar

August, 2022

Summer is for learning and reading! Help kids explore fun and exciting ideas with educational crafts, book suggestions, and fun activities.

[Download calendar](#)



August is National Family Fun Month

Before the chaos of school, work, and extracurriculars threatens to engulf you and your family, make the most of this month by finding ways to create special memories together.



Family Bonding Activities:

- **Create a family recipe book.** You can include your favorite recipes from your own family. Also include some of your child's favorite recipes.
- **Make a family tree.** Making a family tree is a great way for your child to understand how they are related to the individuals they call "family". [This website](#) offers templates to help get you started. For non-readers, pictures can be substituted.
- **Plan a screen-free time.** Set aside time when the whole family puts away all screens and finds alternative entertainment together. This [website](#) has a few suggestions of possible activities.



According to [a survey from the University of Michigan](#), youth report feeling better, both physically and mentally, after spending time in nature. The following research shows [11 scientific reasons](#) why it is important to spend time outside.

Here are some ways to help your child explore nature:

- **Snap n' Learn:** "What's that?" is a common question that you might get when you walk with your child. Snap a picture of the new bug or funky plant with your phone and when you get home use the internet to try and figure out what it is.
- **Scavenger Hunts:** A great way to keep kids engaged on a hike is to turn it into a game. Ask questions such as, "Can you find five different kinds of trees? Do you know what kind they are?" Sometimes this can be a cooperative family activity while other times it can be a friendly competition.
- **Geocaching:** Looking for a fun way to exercise both mind and body? Try geocaching (JEE-oh-cash-ing), an outdoor activity that combines hiking with a tech-aided treasure hunt. Geocaches are everywhere, from the woods to cities. The only tool needed is a smartphone. Check out the [Geocaching 101 video](#), download a geocaching app, and you are ready to go! One of the better free geocaching apps is the official app, called Geocaching. It is available on Google Play and the App store.



National Watermelon Day (August 3)

There is nothing like beating the heat with summertime's most refreshing fruit. This [website](#) suggests several ways you can explore math using a watermelon before eating it. Or, if you do not want to enjoy the watermelon in the traditional manner, try one of these [10 Fun Watermelon Recipes for Kids](#).

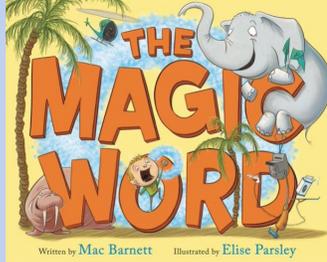
National Dollar Day (August 8)

This day honors the day Congress established the U.S. monetary system in 1786.

- Younger children can count dollar bills. Challenge them to identify what they can buy at a store for less than a dollar.
- Older children may enjoy tracking a dollar. Go to [Where's George](#) and enter the serial number of a dollar bill. You can track where it has been or where it goes after spending it. Kids and adults may also enjoy learning ["20 Facts About the Dollar Bill."](#)

Mac Barnett's Birthday (August 23)

Mac Barnett is a New York Times-bestselling author of stories for children. Here are a couple of read alouds to share with your child.



- [The Magic Word](#)
- [Square](#)

State Events

[Training for Home Language Interpreters: Supporting Families through the Special Education Process](#)

For those seeking training for home language interpreters for families at IEP meetings, Wisconsin DPI has partnered with WI FACETS, LEAs, and other organizations to develop a one-day training for **home language interpreters who interpret for families at IEP meetings**. These workshops will be conducted virtually and registration is limited to the first 30 registrants.

Each training date covers the same content areas detailed in the description above, it is not necessary to register for more than one date. For additional information and registration, please choose an option for one of the training dates below:

[August 18, 2022 - 8:00am-2:00pm](#)

[August 19, 2022 - 8:00am-2:00pm](#)

[August 22, 2022 - 8:00am-2:00pm](#)

For more information contact Lori Karcher, lkarcher@wifacets.org.

[38th Annual State Superintendent's Conference on Special Education and Pupil Services Leadership - Save the Date](#)

Presentations will include information about current issues and changes in state and federal policy related to meeting the needs of students with disabilities and students facing other challenges to success in school.

Date: October 11, 2022

Location: Glacier Canyon Lodge, WI Dells, WI

[Children Come First Conference - Save the Date](#)

Wisconsin's largest conference on children's mental health is geared for those working with, caring for or have a family member with a child that is suffering from behavioral or a mental health disorder. The event features national and international keynote speakers and 40 plus workshops. [Alfie Kohn](#) will be the keynote speaker.

Date: November 7-8, 2022

Location: Kalahari Convention Center, WI Dells, WI

[Special Education - A New Era](#)

Join us for the premier Special Education Conference in Wisconsin. The featured speaker is Gerry Brooks. He has been an educator for 25 years and he earned his master's degree in administration and has been an elementary principal for 15 years. Originally using humorous videos to encourage his staff, Gerry has become a national encourager for teachers through social media and speaking events. He is a voice for teachers, but his passion is leading others to be responsible for their own personal climate and culture in the workplace. His book, "Go See the Principal," outlines strategies for taking on this responsibility.

Date: November 14-15, 2022

Location: Kalahari Convention Center, WI Dells, WI

For Your Information

Understanding Specially Designed Physical Education (also called Adapted Physical Education (APE))

In Wisconsin, physical education (PE) is a required academic content area, just like

Reading or Mathematics. Therefore, all students, regardless of their needs, are required to receive and participate in physical education. APE or specially designed physical education should not be considered afterthoughts when it comes to students with disabilities. When performing a comprehensive special education evaluation, IEP teams are expected to discuss whether the student has a disability-related need that might require APE.

The term “specially designed physical education” is special education (specially designed instruction) as specified in the student’s IEP and may occur during the regular physical education class if that is the least restrictive environment for the student. It is recognized that students with disabilities benefit from appropriate physical education programming, specifically one that will meet the individual child’s diverse needs ([from WI DPI website](#)).

The Individuals with Disabilities Education Act (IDEA) states that students with disabilities receive physical education services, specially designed if necessary, and must be made available to every student with a disability receiving FAPE (free and appropriate public education). If specially designed physical education is prescribed in a student's Individual Education Program (IEP), the school district responsible for the education of that student must provide the services directly or make arrangements for those services to be provided through other public or private programs.

Depending upon the complexity of a student’s needs, the IEP team may want to include a licensed Adapted Physical Education teacher. If there isn’t a licensed APE teacher in the district, the district may need to contract with a licensed APE teacher from another district or CESA to develop an effective APE plan.

In Wisconsin, any licensed physical education teacher can provide APE. However, Special Education funds can only be used to pay a properly licensed APE teacher.

Also see:

- [Information Update Bulletin 10.04-Physical Education for Children with Disabilities](#)
- [Policy Letter from Office of Special Education-Applicability of Physical Education for Preschool Children with Disabilities](#)
- [Policy letter from Office of Special Education that clarifies the importance of providing physical education for students with disabilities during the high school transition age.](#)
- [WI FACETS archived webinar-Specially Designed \(Adapted\) Physical Education](#)

Online Resources: Other Health Impairment

[Center for Parent Information and Resources \(CPIR\)](#)

Links to information related to incidence, characteristics, diagnosis and treatment, school services related to children who have other health impairments and links to many other resources related to specific disorders.

[Wisconsin Department of Public Instruction](#)

Information related to eligibility criteria for Other Health Impairment as well as links to additional medical and health information.

[FINDING YOUR WAY- A Navigation Guide for Wisconsin Families Who Have Children and Youth with Special Health Care Needs and Disabilities](#)

The Wisconsin Children and Youth with Special Health Care Needs Program developed this guide in partnership with the Community of Practice on Autism Spectrum Disorders and other Developmental Disabilities to assist families who may have concerns or questions about their child’s development or have recently received a diagnosis of a special health care need or disability.

[Children and Youth with Special Health Care Needs \(CYSHCN\)](#)

CYSHCN collaborates with national, state and community-based partners to link children to appropriate services, close service gaps, reduce duplication, and

develop policies to better serve families.

[Epilepsy Foundation](#)

Information for parents and professionals related to epilepsy disorders. It also has a link to a [“toolbox”](#) and provides information on forms and information parents may want to have available in case of an emergency.

[Living with Spina Bifida](#)

The Centers for Disease Control and Prevention (CDC) has programs and research which may help improve the quality of life and encourage full participation at every age for those living with spina bifida.

[Children and Adults with Attention-Deficit/Hyperactivity Disorder \(CHADD\)](#)

CHADD is in the forefront in creating and implementing programs and services in response to the needs of adults and families affected by ADHD through collaborative partnerships and advocacy, including training for parents and K-12 teachers, hosting educational webinars and workshops, being an informative clearinghouse for the latest evidence-based ADHD information, and providing information specialists to support the ADHD community.

[Family Voices](#)

Family Voices is a national family-led organization of families and friends of children and youth with special health care needs (CYSHCN) and disabilities. They connect a network of family organizations across the United States that provide support to families of CYSHCN.

[Wisconsin Birth to 3 Program](#)

The Wisconsin Birth to 3 Program is an early intervention special education program that supports the growth and development of children under the age of 3 who have delays or disabilities.

Research

Physical Activity and Exercise in Children with Chronic Health Conditions

Riner, W. F., & Sellhorst, S. H. (2013). Physical activity and exercise in children with chronic health conditions. *Journal of sport and health science*, 2(1), 12-20.

In the last two or three decades, physical activity (PA) has gained increasing recognition as being essential for maintaining good health and improving quality of life for all ages. Children have traditionally been active in both free play and organized sports. However, there has been a recent decline in the PA levels among children for various reasons. This lifestyle change has resulted in increased obesity accompanied by a rise in diabetes and cardiovascular risk among otherwise healthy children. These lifestyle changes have been shown to be even more a problem when the child is already affected by a chronic disease.

[Read Full Article](#)

Contributions to the Newsletter

Upcoming newsletter topics:
September: Assistive Technology
October: Learning Disabilities
November: Emotional Behavioral Disabilities

To submit contributions of articles, events, or resources you may use the [Word document](#). Send submissions to [Wendy Overturf](#). If you are unable to access the form, you may send the information in an email.

Material appropriate for the monthly newsletter include web links to sources of family involvement/parent leadership resources, advertisements for statewide trainings for parents, youth or parent/educator audiences, information about statewide parent agencies, recent research pertaining to family engagement, and family engagement success articles.

This monthly update is provided by the Wisconsin Family Assistance Center for Education, Training & Support (WI FACETS) to share statewide information regarding parent leadership and family involvement. If you would like to receive this monthly update or if you would like to have your name removed from the distribution list, please email [WI FACETS](mailto:WI.FACETS).

***The WI FACETS Family Engagement E-Newsletter
can be found online at: <https://servingongroups.org/resources>***



This document was produced under grants from the U.S. Dept. of Education, (PTIC-#H328M200017) and WI Dept. of Public Instruction (CFDA# 84.027A/2022-M132-WIFACETS-342) to WI FACETS. The content does not necessarily represent the policy of the U.S. Dept. of Education, WI Dept. of Public Instruction, or WI FACETS. You should not assume endorsement by the U.S. Dept. of Education, WI Dept. of Public Instruction, WI FACETS, U.S. Dept. of Education Project Officer, David Emenheiser; or WI Dept. of Public Instruction Grant Director, Rita Fuller of any product, commodity, service or enterprise mentioned in this publication. This product is public domain. Authorization to reproduce it in whole or in part is granted. The citation should be: U.S. Dept. of Education, WI Dept. of Public Instruction, and WI FACETS, Milwaukee, WI, 2022.

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